MENTAL HEALTH SERVICE PROVIDERS - CENTRAL WEST REGION

Type of MH Service	Commissioned service provider	Contact
Low Intensity Mental Health - P1	Royal Flying Doctor Service Up to 6 Session of structured Counselling either F2F or Telehealth.	Telehealth Ph: 07 4652 5800
	Lives Lived Well NewAccess - Up to 6 sessions of Low Intensity CBT - Telehealth only.	Telehealth Ph: 1300 727 957
Child and Youth Mental Health – P2	Outback Futures Wellbeing in Schools, Early Intervention (WISe Program). 5-18 Year Olds. Assessment, Triage and Brief Interventions.	Ph: 0417 703 729
Psychological therapies for underserviced groups – P3	Royal Flying Doctor Service Stonehenge, Alpha, Tambo, Jericho, Barcaldine, Aramac, Muttaburra, Jundah, Winton, Blackall, Longreach and Isisford. F2F or Telehealth options.	Telehealth Ph: 07 4652 5800
Primary Mental Health – P4	Longreach Family Medical	Ph: 07 46583866
	Barcaldine Medical Centre	Ph: 07 4651 1598
Suicide Prevention – P5	Royal Flying Doctor Service	Ph: 07 4652 5800
	Outback Futures Providing holistic early intervention suicide prevention of resilience building through a Multi- disciplinary team approach.	Contact for visiting schedule Ph: 0417 703 729 07 4652 5800
Aboriginal & Torres Strait Islander Social and Emotional Wellbeing (SEWB) - P6	CWAATSICH Social and Emotional Wellbeing services and Care Coordination. Indigenous specific service based in Longreach. F2F or Telehealth options.	Ph: 0491 239 089 Karen Monaghan SEWB Liaison Officer
Alcohol and other drugs	Lives Lived Well Early Intervention and Treatment Services for addictions. Based in Longreach but regular visiting schedule to surrounding towns.	Ph: 1300 727 957
Mental Health in Residential Aged Care	Not currently available in the Central West.	
National Psycho-Social Support Measure (NPSM) Brokerage.	CENTACARE NQ Based in Longreach but can work with clients across the Central West area.	Ph: 1300 672 273



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