

# Wellbeing in Schools

## Early intervention PROJECT(WISe)

The Western Qld Primary Health Network (WQPHN) has commissioned a local service provider to provide Mental Health assessments, triage, referral and limited clinical service delivery through Australian Government funding to target children and young people at risk of or living with a mental health condition.

### ELIGIBILITY CRITERIA

- Children and Young People between the ages of 5-18 (inclusive).
- Attending school and referred through their school community or GP. *(Please note that secondary schools in Mt Isa will be excluded as Young People can access service through headspace Mount Isa.)*
- Not attending school with self-referral or any key stakeholder with consent, including Young People suspended from their school community.
- At risk of a mental illness.
- Diagnosed with a mild to moderate mental illness. *(Whilst Young People with a severe and persistent Mental Illness may be identified and engaged through this program on going service delivery would be in collaboration with the local Child & Youth Mental Health Service (CYMHS) and Primary Health Care providers.)*

*Please note that all referrals must be with consent of the Young Person if competency is identified or consent of the Young Person's parent/guardian.*

### SERVICES AVAILABLE

- Initial Mental Health assessment of the Young Person.
- Provision of a brief report outlining the recommendations for ongoing management.
- Triage against the WQPHN Mental Health Stepped Care approach with facilitated referral to most appropriate management option. This may include facilitating a referral to the Young Person's GP for consideration of a Mental Health Treatment Plan (MHTP) and ongoing management through the General Practice including options of utilising a telehealth psychiatry service.
- Limited brief intervention service delivery with the Young Person and/or their family/significant others (up to six sessions per financial year, budget dependent).
- Joint development of management plans with the school community and other key stakeholders.
- Provision of culturally appropriate service delivery.

*This service is supported by funding from the Australian Government through the PHN Program and therefore free to clients. Funding through the WISe program is capped, therefore careful consideration of other service delivery options is encouraged.*

### MODE OF SERVICE DELIVERY

Where possible the initial assessment will be completed face to face but where this is not timely it may be completed via video link. Ongoing contact and service delivery may be completed via video link as well. More details around the mode of service delivery will be available through your commissioned provider.

## REFERRAL

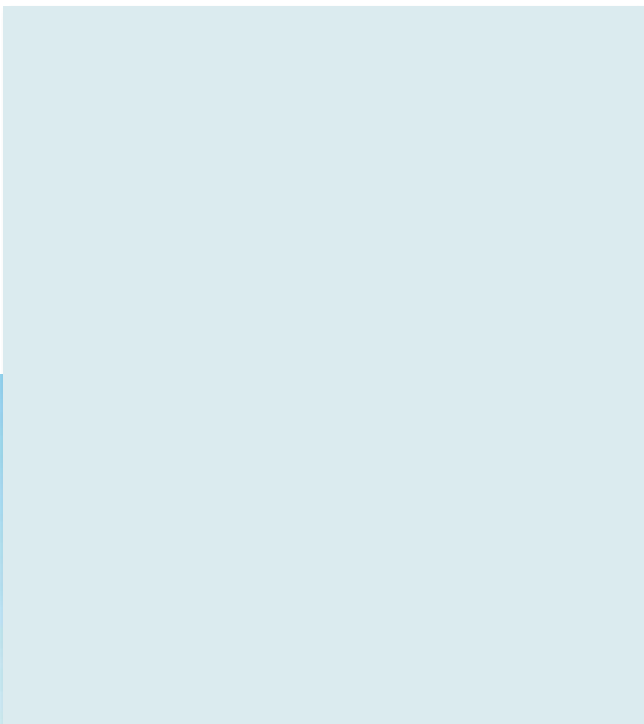
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- The WQPHN utilises a web based referral tool called referHEALTH. This is the endorsed referral option.
- Referrals can also be made through the local school, GP or a local service provider.

## FURTHER INFORMATION

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For identification of your service provider(s), more information on services, including what to expect, visiting schedules and administrative issues please contact:



## OTHER WQPHN SERVICE DELIVERY OPTIONS

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The WQPHN currently commissions the NewAccess program. This program offers up to 6 sessions of Low Intensity CBT to Young People 12 years and above.

Referrals to your local NewAccess coach can be facilitated through the referHEALTH system. This program can also be utilised as an assessment service as your NewAccess coach will facilitate stepping the Young Person up to a more appropriate service if the assessment process indicates.

NewAccess can be delivered F2F in some limited areas or through telehealth options.

Further information can be sourced through <http://wqphn.com.au/commissioning/funded-services/NewAccess>

Your WISe service provider can assist in accessing culturally appropriate services where indicated.

For further service delivery information please go to <https://www.mycommunitydirectory.com.au/>

