



Western Queensland Primary Health Network

Drug and Alcohol Treatment Services 2023/24 Activity Work Plan



ACTIVITY: AOD - 1 (23-24) CORE AOD AND OPERATIONAL

Activity Priorities and Description

PROGRAM KEY PRIORITY AREA

Alcohol and Other Drugs

AIM OF ACTIVITY

To increase access to, and the quality of, indigenous-specific alcohol and other drug prevention, care and treatment services across Western Queensland in collaboration with Aboriginal and Torres Strait Islander Community Controlled Health Services (AICCHS) and other key stakeholders.

DESCRIPTION OF ACTIVITY

Commission the provision of services by North West Remote Health (NWRH) in Doomadgee in 2023 - 2024), continue to support Gidgee Healing (particularly in the development of a suitable remote-area and culturally appropriate model for the provision of services on Mornington Island) and other regional AICCHS, including supporting workforce capacity to provide alcohol and other drug services within a culturally-appropriate wider Social and Emotional Wellbeing (SEWB) model of care.

Continue to commission implementation of a Primary Care Telehealth-based Alcohol Detoxification service with "Clean Slate" through a clinical partnership with primary health practices, ACCHO and other related entities for home-based detox and renegotiate the trialling of Clean Slate Clinic detox for suitable clients of the established regional Recovery Centres. Clean Slate treatment to be delivered to a maximum of 25 suitable persons across the WQPHN region (with 20 home detox clients and 5 residentially based).

Alongside other AOD-specific workforce capacity building support, refine and continue support for training and integration of the Menzies School of Health Research e-Mental Health Stay Strong application to increase screening, health coaching and goal setting within a stepped care referral construct, and to support team care arrangements, including; referral to Clean Slate home-based tele detox and out-of-region residential rehabilitation services; the Normanton Recovery Centre and/or Clean Slate for assessment for need/suitability for telehealth detox support and; promote wider wellbeing through General/Primary Practice and ACCHO pathways.

Coordinate with commissioned ACCHO partners and Menzies to offer training, integration and better use of the Stay Strong application (SSA) to support quality, consistency and alignment of SEWB/AOD programs across the WQPHN region, and linkage supported to stepped care approaches and integration of SSA with both the AICCHS model of care and each agency's individual record keeping/reporting systems.

Continue to support a culturally sensitive service co-design process in collaboration with Gidgee Healing and First Nations Health Councils on Mornington Island and Doomadgee and enable alignment with the WQPHN Regional Mental Health & Suicide Prevention Plan, Nukal Murra Social and Emotional Wellbeing Framework and the Commissioning For Better Health Guide.

Needs Assessment Priorities

NEEDS ASSESSMENT

WQPHN Needs Assessment 2021/22-2023/24

PRIORITIES

Priority	Page Reference
Recommendation 04 – Aboriginal and Torres Strait Islander Health	77
Recommendation 08 – Improved access for people with poor access or at risk of poorer health outcomes	81
Recommendation 15 – Digital infrastructure	91
Recommendation 13 – Broader primary health care	86
Recommendation 10 – Building workforce capability and sustainability	86
Recommendation 05 – Local approaches to deliver coordinated care	79
Recommendation 06 – Empowering individuals, families, carers and communities	76

Activity Demographics

TARGET POPULATION COHORT

People living with or with high risk factors for problematic substance use issues and/or diagnosed substance use disorders.

Activity Consultation and Collaboration

CONSULTATION

- NW Tripartite Agreement (Gidgee Healing, NWHHS, WQPHN)
- Nukal Murra Alliance Members (CWAATSICH, Gidgee Healing, CACH & Goondir)
- Normanton Rehabilitation Centre
- North West Remote Health Wellbeing activities
- Hospital and Health Services (CW, NW & SW)
- Mt Isa Recovery Centre - Salvation Army
- Normanton Recovery Centre - Gidgee Healing
- Mornington Island and Doomadgee Health Council
- Local Indigenous Elders Groups and cultural authorities
- Mornington Shire Council
- Doomadgee Community Council
- Clean Slate Clinic

COLLABORATION

- Nukal Murra Alliance Members (CWAATSICH, Gidgee Healing, CACH & Goondir)
- Hospital and Health Services (CW, NW & SW)
- Mornington Island Health Council
- NWRH
- RFDS

Activity Milestone Details/Duration

ACTIVITY START DATE

01/07/2022

ACTIVITY END DATE

30/06/2024

ACTIVITY: AOD - 2 - NIASOP&M-1 (23-24) NIAS OPERATIONAL AND MAINSTREAM FUNDING

Activity Priorities and Description

PROGRAM KEY PRIORITY AREA

Alcohol and Other Drugs

AIM OF ACTIVITY

That people living in the WQPHN region with a direct or indirect substance use concern/issue or substance use disorder have access to both mainstream and Indigenous specific information and treatment services that are tailored to the community and their needs, and that foster earlier help seeking and reduce AOD-related stigma and discrimination.

DESCRIPTION OF ACTIVITY

Continue to work with specialist/accredited drug and alcohol treatment service providers to ensure integration with the primary health system with the goal to improve referral pathways, joined-up care and coordinated efforts between primary health care, specialist (eg substance use disorder) services and research/training institutes.

Support and expand the adoption of evidence-based integrated assessment tools and referral pathways to improve prevention, care coordination and recovery, including through better integration with mental health and psycho-social care provider and other networks.

Support community engagement/education and AOD-related stigma and discrimination reduction designed to; improve community awareness of the NHMRC Alcohol Guidelines and; harm reduction, reduced or healthier substance use and earlier help seeking for AOD concerns.

Continue to engage and work with primary and general practice, with a focus on building greater confidence and capacity to offer evidence-based screening, assessment, care and referral for client/patient with AOD concerns and promote awareness of, and access to, locally based specialised services and where appropriate shared care planning pathways to promote more effective referral and care, particularly for those with dual diagnoses and/or requiring out-of-region residential detox/rehab.

Participate in national dialogues planned to improve and collect meaningful First Nations AOD data, and monitor and review AOD data and health intelligence to inform joint planning and evaluation of services and support commissioned service providers to work within the stepped care approach.

Needs Assessment Priorities

NEEDS ASSESSMENT

WQPHN Needs Assessment 2021/22-2023/24

PRIORITIES

Priority	Page Reference
Recommendation 13 – Broader primary health care	86
Recommendation 08 – Improved access for people with poor access or at risk of poorer health outcomes	81
Recommendation 05 – Local approaches to deliver coordinated care	79
Recommendation 02 – Single primary health care destination	76
Recommendation 01: One system focus	75

Activity Demographics

TARGET POPULATION COHORT

People at risk of developing problematic or harmful alcohol and drug issues, or living with diagnosed substance use disorders in communities across the WQPHN catchment.

Activity Consultation and Collaboration

CONSULTATION

- Clinical Chapters
- Clinical and Consumer Advisory Councils
- Queensland Network of Alcohol and other Drug Agencies (QNADA)
- Local Mental Health Networks
- Regional Mental Health Round Tables
- WQPHN MH Consortia (broad sector organisational membership)
- Nukal Murra Alliance
- HHSs - SW, CW, NW
- ADIS
- QPHNs
- QNADA
- Clean Slate
- Primary Practices – HHS, Private and ACCHO

COLLABORATION

- Commissioned service providers (Lives Lived Well, DrugARM, North Western Remote Health, Queensland Network of Alcohol and other Drug Agencies (QNADA), Clean Slate Clinic.
- Nukal Murra Alliance (Goondir Health Services, Gidgee Healing, Charleville and Western Areas Aboriginal and Torres Strait Islanders Community Health (CWAATSICH), Cunnamulla Aboriginal Corporation for Health (CACH))
- HHSs - SW, CW, NW
- Local Government Organisations
- Local Drug Action Teams

Activity Milestone Details/Duration

ACTIVITY START DATE

01/07/2022

ACTIVITY END DATE

30/06/2024

ACTIVITY: AOD - 3 - NIASIND-1 (23-24) NIAS ABORIGINAL AND TORRES STRAIT ISLANDER PEOPLE

Activity Priorities and Description

PROGRAM KEY PRIORITY AREA

Alcohol and Other Drugs

AIM OF ACTIVITY

Co-design and implement Indigenous-specific AOD-focused support and care in collaboration with AICCHS that is integrated into their social and emotional wellbeing services to provide culturally appropriate support and care with Aboriginal and Torres Strait Islander communities and clients across the region.

DESCRIPTION OF ACTIVITY

Commission culturally competent and responsive AOD treatment support services through the implementation of the Nukal Murra Social and Emotional Wellbeing Framework and integration of the Menzies eMental health Stay Strong App (SSA) within a primary mental health model of stepped care.

Coordinate support and work with Nukal Murra Alliance members to ensure that commissioned drug and alcohol services are integrated within primary health systems including local stepped care approach through universal culturally appropriate methods and tools (such as the SSA), low intensity support, including prevention, treatment and recovery support, and the enhanced management of dual diagnoses through team care and better access to specialist substance use disorder services.

Support Nukal Murra Alliance members to develop their capacity and confidence, and adopt referral pathways, to improve treatment, care coordination and recovery through better integration with wider social and cultural care provider networks.

Strengthen and enhance the workforce, including development and maintenance of relationships between mainstream and Aboriginal and Torres Strait Islander health services.

Needs Assessment Priorities

NEEDS ASSESSMENT

WQPHN Needs Assessment 2021/22-2023/24

PRIORITIES

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Recommendation 06 – Empowering individuals, families, carers and communities	76
Recommendation 02 – Single primary health care destination	76

Activity Demographics

TARGET POPULATION COHORT

Aboriginal and Torres Strait Islander people directly or indirectly at risk of, or living with, substance use issues or substance use disorders in communities across the WQPHN catchment.

Activity Consultation and Collaboration

CONSULTATION

- Clinical Chapters
- Clinical and Consumer Councils
- Queensland Network of Alcohol and other Drug Agencies (QNADA)
- Queensland Aboriginal & Islander Health Council (QAIHC)
- Mental Health Network
- Regional Mental Health Round Tables
- WQPHN MH Consortia
- Nukal Murra Alliance
- HHSs - SW, CW, NW
- Clean Slate Clinic

COLLABORATION

- Nukal Murra Alliance (Goondir Health Services, Gidgee Healing, Charleville and Western Areas Aboriginal and Torres Strait Islanders Community Health (CWAATSICH), Cunnamulla Aboriginal Corporation for Health (CACH))
- Queensland Network of Alcohol and other Drug Agencies (QNADA)
- HHSs - SW, CW, NW

Activity Milestone Details/Duration

ACTIVITY START DATE

01/07/2022

ACTIVITY END DATE

30/06/2024

