



Western Queensland Primary Health Network

NMHSPA Bilateral PHN

2023/24 — 2026/27 Activity Work Plan

ACTIVITY: NAB-H2H - 1 - NAB-H2HHUB-1 (24-25) HEAD TO HEALTH MT ISA HUB

Activity Priorities and Description

PROGRAM KEY PRIORITY AREA

Mental Health

AIM OF ACTIVITY

The activity aims to provide a physical hub in Mt Isa where consumers can seek support to be connected with mental health supports according to assessed need.

DESCRIPTION OF ACTIVITY

This activity is co-funded by the Australian and Queensland Governments.

WQPHN will:

- collaborate with key Mt Isa stakeholders to establish the Head to Health Hub
- will identify a service provider to manage the Hub
- establish and maintain arrangements that enable QHealth and the NW HHS to participate in the governance and commissioning oversight of ongoing operation of the Hub
- ensure adherence to national branding, data collection and reporting requirements as directed and relevant

WQPHN will ensure the engaged Hub lead agency:

- integrates its service model with the established Head to Health intake and assessment phone service for the WQPHN region
- establishes a consumer-focused navigation and referral support model that provides a central point to connect people to other services in the Mt Isa region, including through offering information and advice about mental health, service navigation and referral pathways for individuals and their carers and family
- provides in-house assessment using the IAR decisional support tool to connect people with the most appropriate services
- provides evidence-based and evidence-informed immediate and short to medium term episodes of care, including utilisation of digital mental health platforms
- embeds risk management practices, collaborative connections and referral pathways with other local and regional services, to ensure people experiencing crisis or significant distress are appropriately supported

Needs Assessment Priorities

NEEDS ASSESSMENT

WQPHN Needs Assessment 2021/22-2023/24

PRIORITIES

Priority	Page Reference
Recommendation 08 – Improved access for people with poor access or at risk of poorer health outcomes	81
Recommendation 13 – Broader primary health care	86
Recommendation 05 – Local approaches to deliver coordinated care	79
Recommendation 06 – Empowering individuals, families, carers and communities	76
Recommendation 02 – Single primary health care destination	76
Recommendation 01: One system focus	75

Activity Demographics

TARGET POPULATION COHORT

Whole population within the Mt Isa region.

Activity Consultation and Collaboration

CONSULTATION

- GPs
- MHSAOD Implementation Plan stakeholders
- Queensland Health, MHAOD Branch and NWHHS
- Commissioned Service Providers
- Social care providers

COLLABORATION

- Queensland Health, MHAOD Branch and NWHHS
- Commissioned Service Providers
- Social care providers

Activity Milestone Details/Duration

ACTIVITY START DATE

01/07/2022

ACTIVITY END DATE

30/06/2025

ACTIVITY: NAB-UAS - 1 - NAB-UAS-1 (24-25)

UNIVERSAL AFTERCARE SERVICES

Activity Priorities and Description

PROGRAM KEY PRIORITY AREA

Mental Health Priority Area 5: Community based suicide prevention activities

AIM OF ACTIVITY

The universal aftercare activity will support the region-wide, consistent and best practice implementation of aftercare services to individuals following a suicide attempt and/or suicidal crisis.

DESCRIPTION OF ACTIVITY

This activity supports an expansion of aftercare services previously funded under the Prioritising Mental Health: Aftercare Following A Suicide Attempt (The Way Back Support Service) Activity through the Primary Mental Health Care schedule. The activity will now be referred to as universal aftercare.

This activity will extend previous commissioning arrangements for aftercare services to a broader geographical area, will increase service capacity and facilitate service model enhancements based on experiences and learnings of the original service.

This activity:

- beyond the North West (NW) region, into the Central West (CW) and South West (SW) regions, will expand the development of referral pathways, including discharge protocols between tertiary (eg HHS) and primary care providers (eg General Practices)
- will implement across all 3 regions (NW, CW, SW) The Way Back Support Service to provide suicide prevention support for up to 3 months following discharge from hospital, utilising primary and secondary eligibility criteria for engagement
- will bridge critical service response gaps and provide non-clinical, one-on-one psycho-social and recovery-based care, to guide people safely through the high-risk period
- ensure the Way Back Support Service teams work with the individual and their support people to identify their needs, develop a personalised safety plans and connect them to psycho-social services or clinical care as required

Needs Assessment Priorities

NEEDS ASSESSMENT

WQPHN Needs Assessment 2021/22-2023/24

PRIORITIES

Priority	Page Reference
Recommendation 04 – Aboriginal and Torres Strait Islander Health	77
Recommendation 15 – Digital infrastructure	91
Recommendation 08 – Improved access for people with poor access or at risk of poorer health outcomes	81
Recommendation 10 – Building workforce capability and sustainability	86
Recommendation 05 – Local approaches to deliver coordinated care	79
Recommendation 01: One system focus	75
Recommendation 01: One system focus	75

Activity Demographics

TARGET POPULATION COHORT

Age 15 year or older

Post suicide attempt or suicidal crisis

Not currently supported by an intensive or assertive outreach service

Activity Consultation and Collaboration

CONSULTATION

- NWHHS
- SWHHS
- CWHHS
- Qld Health MHAOD Branch
- PHN Collaborative
- Suicide prevention networks – local/regional
- Suicide prevention peaks – state and federal
- QLEWN, MLEEN
- Consumer Advisory Networks

COLLABORATION

Collaboration in designing the activities will be undertaken with relevant stakeholders, in particular the HHS and MHAOD Branch, as governance arrangements are developed, with place-based service design occurring across each sub-region.

Activity Milestone Details/Duration

ACTIVITY START DATE

01/07/2022

ACTIVITY END DATE

30/06/2025



ACTIVITY: NAB-HE - 1 - NAB-HE-1 (24-25) HEADSPACE ENHANCEMENT - HEADSPACE ROMA

Activity Priorities and Description

PROGRAM KEY PRIORITY AREA

Mental Health Priority Area 2: Child and youth mental health services

AIM OF ACTIVITY

The aim of this activity is to provide existing headspace services with additional capacity to increase coordinated, multi-disciplinary care for young people experiencing, or at risk of, mild to moderate mental illness. as well as to improve headspace workforce attraction and retention.

DESCRIPTION OF ACTIVITY

WQPHN will ensure headspace Roma utilises enhancement resourcing, for the following activities:

- recruitment of additional clinical and non-clinical staff
- recruitment of identified positions reflective of community demographics
- enhancing GP remuneration under the Subsection 19(2) exemption (for eligible headspace locations)
- undertaking professional development and upskilling, including upskilling in culturally appropriate care
- improving the implementation of appropriate and evidence-based approaches
- supplementing salaries for the existing multi-disciplinary workforce
- improving care coordination, referral pathways and service integration with state-funded and other PHN-commissioned services
- increasing community engagement and awareness activities, particularly with priority populations

In 2023-24 headspace Roma will receive \$1,291,459 core service funding via the PMHC funding schedule and is being allocated \$405,000 enhancement funding through the NAB Schedule (which will be paid utilising automatically carried-over funds allocated to the 22-23 financial year (\$200,000) but not paid to WQPHN until 23-24, plus the allocated 23-24 enhancement funds (\$205,000) for headspace Roma). As the enhancement funding allocated to WQPHN's other headspace Centre ensures their overall funding is well beyond the new funding floor requirement, headspace Roma's core service funding already exceeds the new funding floor requirement, and each headspace Centre has identified needs for which their initial allocation of enhancement funding will be well used, each headspace Centre will be provided their full headspace enhancement allocation with no planned redistribution of surpluses above the \$1.25m funding floor threshold.

Needs Assessment Priorities

NEEDS ASSESSMENT

WQPHN Needs Assessment 2021/22-2023/24

PRIORITIES

Priority	Page Reference
Recommendation 04 – Aboriginal and Torres Strait Islander Health	77
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Recommendation 01: One system focus	75

Activity Demographics

TARGET POPULATION COHORT

Young people aged 12-25 experiencing, or at risk of, mental illness in the Roma region.

Activity Consultation and Collaboration

CONSULTATION

- headspace National
- headspace Roma
- hRoma Lead Agency - RHealth
- SWHHS
- hRoma Consortia
- Mental health networks
- QMHC
- NMHC

COLLABORATION

- Collaboration in designing the activities will be undertaken with relevant stakeholders, including:
- hRoma Lead Agency - RHealth
- SWHSS - Mental Health Services

Activity Milestone Details/Duration

ACTIVITY START DATE

01/07/2022

ACTIVITY END DATE

30/06/2025

ACTIVITY: NAB-HE - 2 - NAB-HE-2 (24-25) HEADSPACE ENHANCEMENT - HEADSPACE MT ISA

Activity Priorities and Description

PROGRAM KEY PRIORITY AREA

Mental Health Priority Area 2: Child and youth mental health services

AIM OF ACTIVITY

The aim of this activity is to provide existing headspace services with additional capacity to increase coordinated, multi-disciplinary care for young people experiencing, or at risk of, mild to moderate mental illness. as well as to improve headspace workforce attraction and retention.

DESCRIPTION OF ACTIVITY

WQPHN will ensure headspace Mt Isa utilises enhancement resourcing, for the following activities:

- recruitment of additional clinical and non-clinical staff
- recruitment of identified positions reflective of community demographics
- enhancing GP remuneration under the Subsection 19(2) exemption (for eligible headspace locations)
- undertaking professional development and upskilling, including upskilling in culturally appropriate care
- improving the implementation of appropriate and evidence-based approaches
- supplementing salaries for the existing multi-disciplinary workforce
- improving care coordination, referral pathways and service integration with state-funded and other PHN-commissioned services
- increasing community engagement and awareness activities, particularly with priority populations

In 2023-24 headspace Mt Isa will receive \$1,213,171 core service funding via the PMHC funding schedule and is being allocated \$405,000 enhancement funding through the NAB Schedule (which will be paid utilising automatically carried-over funds allocated to the 22-23 financial year (\$200,000) but not paid to WQPHN until 23-24, plus the allocated 23-24 enhancement funds (\$205,000) for headspace Mt Isa). As the core service funding for the other WQPHN headspace Centre already exceeds the new funding floor requirements, the enhancement funding allocated to headspace Mt Isa ensures their overall funding is well beyond the new funding floor requirement, and each WQPHN headspace Centre has identified needs for which their initial allocation of enhancement funding will be well used for, each headspace Centre will be provided their full headspace enhancement allocation with no planned redistribution of surpluses above the \$1.25m funding floor threshold.

Needs Assessment Priorities

NEEDS ASSESSMENT

WQPHN Needs Assessment 2021/22-2023/24

Activity Demographics

TARGET POPULATION COHORT

Young people aged 12-25 experiencing, or at risk of, mental illness in the Mt Isa region.

Activity Consultation and Collaboration

CONSULTATION

- headspace National
- headspace Mt Isa
- hMt Isa Lead Agency - Gidgee Healing
- NWHHS
- hMI consortia
- Mental health networks
- QMHC
- NMHC

COLLABORATION

- Collaboration in designing the activities will be undertaken with relevant stakeholders, including:
- hMtI Lead Agency - Gidgee Healing
- NWHSS - Mental Health Services

Activity Milestone Details/Duration

ACTIVITY START DATE

01/07/2022

ACTIVITY END DATE

30/06/2025

